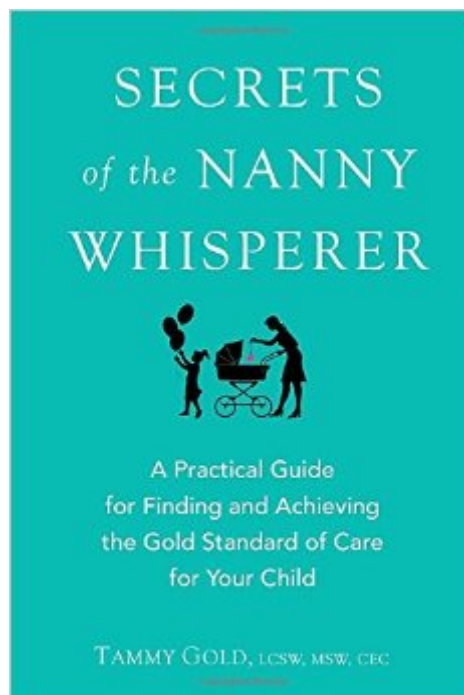


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# Secrets Of The Nanny Whisperer: A Practical Guide For Finding And Achieving The Gold Standard Of Care For Your Child



## Synopsis

The New Childcare Bible-- A Must-Have Whether You Have Occasional Sitters or a Full-Time Nanny

Finding the right caregiver can be one of the most life-changing decisions a parent makes. Whether it's a kindly neighbor for the weekday latchkey hours, a teenage babysitter one night a week, or a full-time professional nanny, the right caregiver can enrich a child's world and literally grow her brain. Hire the wrong one, and this person could cause developmental delays and stress for the entire family.

In her groundbreaking new book, *Secrets of the Nanny Whisperer: A Practical Guide for Finding and Achieving the Gold Standard of Care for Your Child* (Perigee), nationally recognized parenting expert Tammy Gold draws from her extensive background in child developmental psychology, social work, and family therapy to offer the first childcare bible for parents.

Knowing the impact caregivers have on children coupled with the unregulated often unknown world of in-home childcare workers, Gold has devoted her professional career, and now this book, to helping parents navigate through this important--and woefully overlooked--process. She arms parents with invaluable tools, tips, and insider secrets to finding the perfect caregiver-family match.

Gold's Family Needs Assessment helps parents identify the traits and conditions that are "must-haves," added "pluses," or nonnegotiable "deal breakers." Parents can then use this list of qualities to quickly weed out unqualified candidates. She also details what to ask over the phone and in a face-to-face interview, how to structure a trial run (which she deems essential), and what to spell out in a Nanny-Family Work Agreement--another essential tool included in the book.

Readers learn her "Nanny Speak 1-2-3" technique to help clarify and resolve issues with the caregiver in a productive, positive way.

In addition to saving hours and energy, Parents will also discover as much about parenting as they will about finding a nanny. The book is chock-full of parenting gems about children's developmental stages, ways to nurture and stimulate the child, and essential strategies for maintaining harmonious and high-functioning parent-child-caregiver relationships. This book is a must read for parents who want to create a happier, healthier and safer childcare experience for their child.

"Secrets of the Nanny Whisperer" is a godsend for parents looking for a caregiver who not only tends to their child's basic needs, but nurtures the whole child--mind, body, and spirit."

Seattle Post-Intelligencer

"Parents setting out on the nanny quest will surely benefit from this practical handbook."

Publisher's Weekly

"Seeking a nanny who will be in sync with your family and lifestyle?...Your children--and their developing brains and bodies--will thank you for heeding this book's excellent advice."

Carol S. Kranowitz MA, author of *The Out-of-Sync Child*

## Book Information

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## Customer Reviews

There is no other book like this one and it is a great read, ALL parents should purchase! For \$12 dollars and in a few hours I learned so much about parenting and caregivers!! It is a quick, easy read and really helped me understand how to finally find good a good babysitter and why it is so important. The book makes the process so simple and walks you through the entire process by saying "during interviews ask that and say this" there are sample questions in every chapters and ways to solve problems. The first half of the book is why the right caregiver is so important and then how to find one, the second half tells you how to communicate clearly so that the caregivers know how to best handle you and your children. I also learned a lot of parenting information too in Chapter 3 there is a whole chart on what a child needs developmentally from parents and caregivers and it really helped me understand what to do better as a mom. I really recommend it!

I just ordered this book by Tammy Gold and have found it really helpful and informative. The book is very clearly written and easy to follow and I have recommended it to several friends who have new babies and are looking for nannies. Secrets of the Nanny Whisperer is a good resource if you are looking for a part-time, full-time or live-in nanny. I found part 3 particularly helpful because I already have help and this was a great section about communicating with your nanny and providing consistent card for your children. I highly recommend this book!

As a nanny for more than 20 years, I get asked all the time how to find a great nanny. This book is going on my list of resources that is a MUST HAVE for parent employers. While there are many

other hiring guides for nannies that will help you with the nuts and bolts issues (taxes, background checks, contracts etc...) there are few books that really focus on the relationship. *Secrets of the Nanny Whisperer* not only helps you assess your needs as a family but also spends a large chunk of the book giving you practical advice on how to build a strong relationship. The dynamic between parents and nannies is one of the most complex and least studied relationships out there, and poor communication and misunderstandings are the root of almost all the problems. Tammy talks about how to speak nanny and how to navigate the complicated emotions between moms and nannies. She gives practical advice that rings very true to me as a nanny. She clearly has both sides of the relationship at heart and you can feel that she is rooting for success for us all. I will make sure to pass along this book to all parents looking to improve their nanny relationships as well as parents new to the nanny world. It is a treasure.

This book is super useful and easy to read. It made me reevaluate the processes I have always used when looking for childcare. This book is full of practical information that all parents can use -- whether hiring a part-time babysitter or a full-time nanny. I read the book in one sitting, but know I will keep on picking it up, especially to refer to the developmental charts in Chapter 3.

This is a fantastic, invaluable book that every parent should have on the shelf. It's a well-researched, clearly organized guide to a decision that should never be taken lightly - childcare. Whether you're hiring a nanny or a part-time babysitter, this book will walk you through all you need to know to make a smart, informed decision that will benefit your entire family.

I loved that she gave examples, scripts and lists the book not only tells you what to do but HOW to actually do it. As a mom with two boys in daycare I now need a part time nanny for Kindergarten this book saved my life showing me what to find.

As a full time working mom who travels a lot, I am totally dependent on my nanny care and I know how easy it is to make a bad hire (e.g. the one who left my baby in the car while she went in to pick up my toddler from school). Luckily, I now have a amazing nanny and I bought this book to make sure he's happy in her job and because I'd like to ask her to help me with some of the housework and I wanted to find out what is reasonable to ask of a nanny. I found this book super practical and easy to read with lots of helpful 'cut and paste' tools - e.g. nanny responsibility lists/daily schedules (I've adapted this for my children), sample job listing ads and contracts etc. Although I didn't buy the

book to find a nanny, there is a huge up front section that outlines the different types/styles of nannies so you can find a nanny that matches your needs/parenting style (mine apparently is a Parental Unit Nanny). I also found the Interview screening section, nanny 'Trialling' (wish I'd thought of that) and Training very helpful and much more thorough than what I've seen out there. There's also a lot of helpful info throughout the book on understanding how your nanny thinks about her job and how to create an honest and open dialogue with your nanny. This is spot on as most working women I know (myself included) are able to be tough negotiators at work and empathetic colleagues, but at home have trouble being direct and honest with our nannies. Ms Gold's recommendations are realistic and helpful -e.g. acknowledging people fib and make mistakes, that nannying and parenting are harder than we like to admit to and we need to set realistic expectations (e.g. what's important and what isn't). So overall, super helpful - I'll be using a lot of these tools and I will be lending it to my friend whose nanny quit on her last week without notice (which - reading this book - I suspect had more to do with her nanny management than the quality of her nanny;)

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